



CSANZ New Zealand Annual Scientific Meeting

> Energy Events Centre, Rotorua | 23-25 May 2025

> > www.csanzasm.nz

## Pacific Island Pacing Service from a nursing perspective



It's more than just the trip which is a lifetime experience but a massive amount of organising by the team

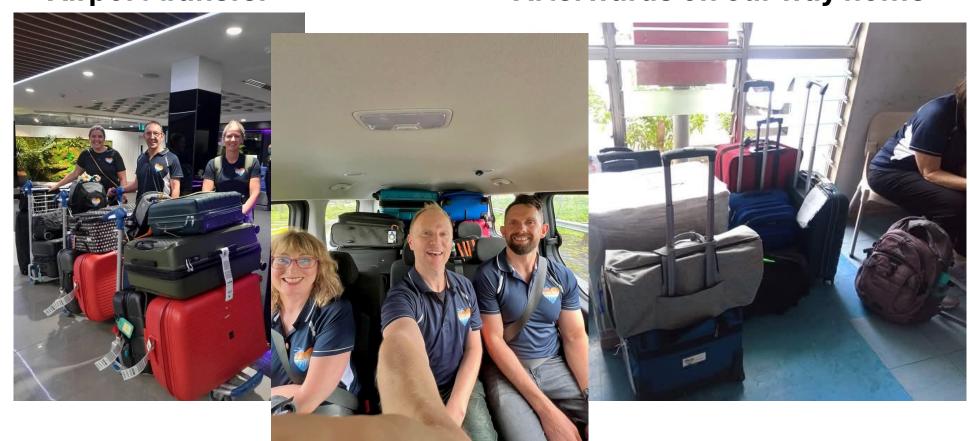
Charmaine Flynn-Hooker RN team leader for PIPS



## We don't travel light but take what we need

**Airport transfer** 

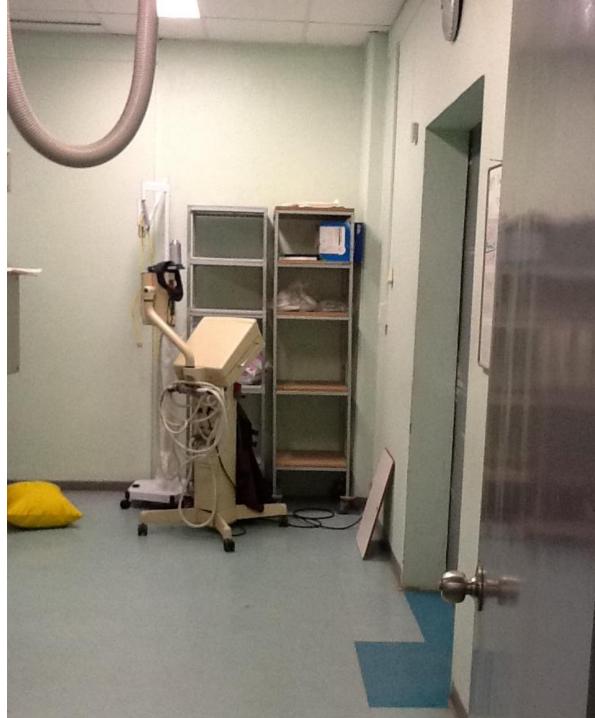
Afterwards on our way home



## Things are basic

• Importance of sending equipment that is useable







### Things can improve

- Each time we return we see things getting better
- Still needs work and teaching each time
- Remembering we are only there once a year
  - Staff change, government changes

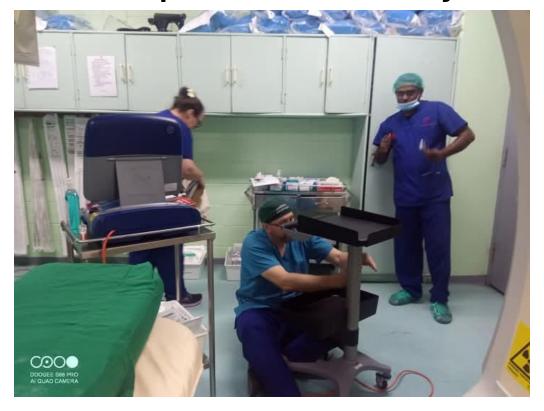


## Delivering equipment all hands-on deck

## Stock for procedures and what will be left



New plasma blade trolley

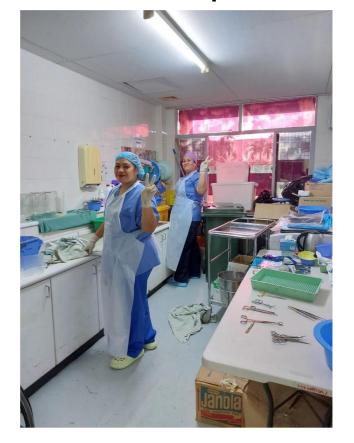


## Conditions aren't always ideal

Room for improvement, basic conditions



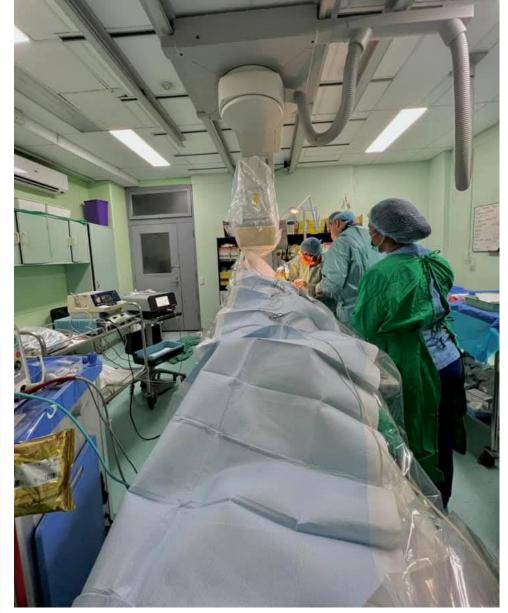
Often better than expected





Fiji cath lab or theatre environment

- Theatre's use a C arm for x-ray
- Theatre has more room
- Cath lab is a second -hand system can be prone to breaking down
- We work with expired stock but as sterile as is possible
- Infection rate is still low





## Great opportunity to teach aiming for scrubbing alone

• Eager to learn

• Create a learning environment

• Teaching opportunities



## Teaching at every opportunity

**Doctor to Doctor** 

Staff who will be there when we are gone can be nursing or radiographers





# Teaching and supporting post implant patient care



### PACEMAKER ADVICE FOR THE WARD

### WOUND SWELLING

- · This is usually due to haematoma.
- · Provide analgesia and review prescribed oral anti-coagulation.
- · Review integrity of the wound and use non-occlusive dressing if glue is breached.
- · Provide manual pressure.

### DYSPNOEA, INCREASED RESPIRATORY RATE AND / OR DESATURATION

- · Consider sedation as a possible cause and manage accordingly.
- Provide supplemental oxygen while evaluating and managing the underlying cause.
- · Consider the route of vascular access and risk of pneumothorax:
  - If axillary or subclavian vein access has been used, consider pneumothorax and review / repeat the chest x-ray to evaluate for this.
  - If cephalic vein has been used for vascular access the likelihood of pneumothorax is low.

### HYPOTENSION

- · Consider sedation as a possible cause and manage accordingly.
- · Consider cardiac perforation and tamponade.
- · Consider obtaining an echo.

### BRADYCARDIA AND / OR FREQUENT PVCs / VT

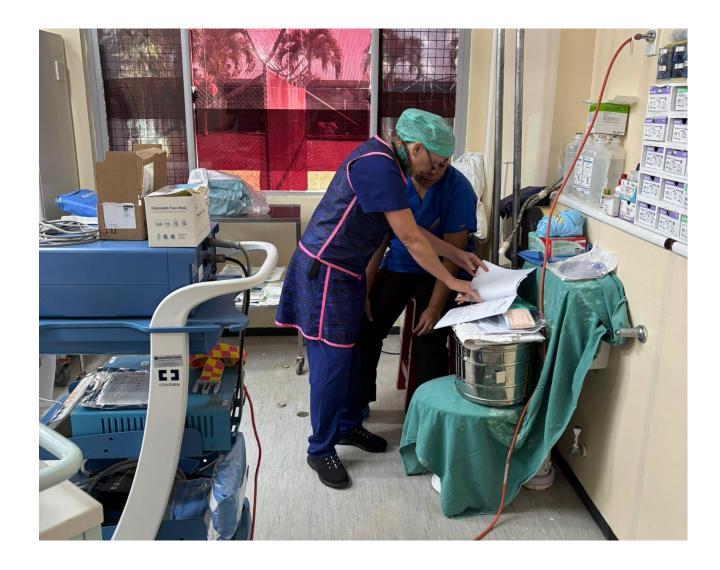
- Consider the possibility of pacemaker lead displacement as the cause for this
  city of pacemaker.
- · Review the ECG and chest x-ray.
- · Consider repeating the chest x-ray.
- Consider obtaining a pacemaker check.

### Management of pain relief

- Regular pain relief as needed. Paracetamol (Panadol) 1gram 4 hourly max 4 grams per 24 hours.
- . If this isn't enough, please discuss with the team or local Doctor

### Wound care and Arm instructions

- . If the wound has a pressure dressing on the team will remove this.
- If there is no dressing keep it dry until the morning, then they may shower but ensure the wound is left to dry don't rub it
- Arm movement is not restricted but no high stretching, heavy lifting or arm binding



## Being ready to adapt to the patient's needs with what we have available

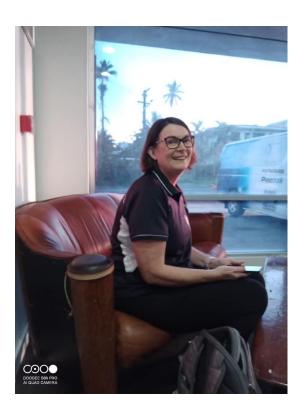
Patient with a heart rate of 26 in heart failure can't lie flat

Working in a small space as best we can



# Getting the word out to the public

- We often get asked to do presentations
- Sometimes appear on the TV
- Present to the medical teams
- Talk at funding dinners
- And more





# Always time to relax, enjoy great company and find amazing local food



## Raising funds for our cause

The walkers



The runners and walkers



### PIPS family values

- PIPS is a family of skilled passionate members who go above and beyond often outside our expected comfort zone to deliver 1<sup>st</sup> world care in a 3<sup>rd</sup> world environment
- Our patients and family are incredibly grateful, and we leave with our hearts full



### Thank you to all our supporters

