



PROGRAM

We're excited to announce the 2nd International Sports and Cardiac Arrest Australia Symposium, taking place at the stunning Mantra Lorne in Victoria from Friday, March 7th to Sunday, March 9th, 2025.

This three-day symposium is a must-attend for medical professionals and groups interested in sudden cardiac arrest and sports cardiology. Join us for an enriching experience focused on best practices, the latest evidence, and collaborative networks to enhance cardiology care in our communities.

Attendees will be treated to presentations from leaders in the world of cardiac arrest, sports cardiology and sports science. Among a host of national leading speakers we have the following highlights:

Professor Eloi Marijon is an electrophysiologist from the European Georges Pompidou Hospital in Paris who heads the Lancet Commission to reduce the global burden of sudden cardiac death as well as author of the 2022 European guidelines on the prevention of sudden cardiac death.

Professor Michael Papadakis is a cardiologist at St George's, University of London and President of the European Association of Preventive Cardiology.

Rob de Castella AO, MBE is an Australian sporting legend and Australian marathon record holder (2:07:51) who has directed his skills and passion to running the Indigenous Marathon Foundation that harnesses lessons from sport to create tomorrow's leaders.

We look forward to welcoming you in 2025 for an unforgettable experience!

David Lloyd
CEO National Heart Foundation

Professor Andre La Gerche
Chair, Scientific Program Committee

Friday 7th March 2025

STREAM 1: Cardiac Arrest Summit

Time	Topic
1.45 pm	Registration
2.15pm	Acknowledgement of Country and Introduction Andre La Gerche and Prof Jamie Vandenberg
	Chairs: Prof Jason Kovacic and Prof Gary Jennings
2.25pm	Why are we here? Gordon Thoms
2.35pm	Sudden Death in Australia: burden, impact and cost A/Prof Elizabeth Paratz
2.50pm	Thinking big to prevent SCD and improve the lives of those where we fail Prof Jodie Ingles
3.05pm	Questions
3.20pm	SCD prevention strategies: <i>un point de vue français</i> Prof Eloi Marijon
3.40pm	SCD prevention strategies: the CRY model Prof Michael Papadakis
4.00pm	Questions
4.15pm	Afternoon tea
4.30pm	Public policy in Australia – hacks for being heard Hon Greg Hunt
4.45pm	Roundtable – creating the Australian response to addressing the SCD challenge Hon Greg Hunt, Gordon Thoms and Prof Jamie Vandenberg
5.45pm	Close

6.30pm

Welcome BBQ on the lawn

Saturday 8th March 2025

Time	Topic
7.55am	Acknowledgement of Country and Introduction A/Prof André La Gerche and David Lloyd
	SESSION 1: Exercise epidemiology Chairs: David Prior and Amy Mitchell
8.00am	Empowering emerging leaders: the Indigenous Marathon Project Robert De Castella AO, MBE
8.30am	Geoff Hook memorial keynote lecture: Sudden cardiac death in athletes Prof Eloi Marijon (Georges Pompidou Hospital, Paris, France)
9.00am	Can we identify the athlete at risk of sudden death? Prof Andre La Gerche
9.15am	Cardiac risks of a sedentary life Dr Stephanie Rowe
9.30am	Questions – panel discussion
9.50am	Morning tea
	SESSION 2: Hypertrophic cardiomyopathy Chairs: Jodie Ingles and Andre La Gerche
10.15am	An athletes return to the marathon Emma Griffin and Dr Max Ray
10.30am	Athlete's Heart vs. HCM Dr Maria Brosnan
10.45am	Cardiac CMR in athletes with a suspected cardiomyopathy A/Prof Rebecca Kozor
11.00am	Exercise recommendations and new therapies in HCM A/Prof Belinda Gray
11.15am	ICDs in HCM – when to implant, which device and how to optimise A/Prof Hari Raju
11.30am	Case and panel discussion, marathon runner with apical HCM: Echocardiogram (Expert commentator D Prior) Cardiopulmonary exercise test (Expert commentator M Haykowsky)

12.05pm	Panel discussion
12.30pm	Buffet Lunch
	SESSION 3: Coronary disease in the middle-aged athlete Chairs: Jason Kovacic and Elizabeth Paratz
1.15pm	Near-term prediction and prevention of sudden cardiac arrest – feasible? Prof Eloi Marijon (Georges Pompidou Hospital, Paris, France)
1.35pm	Coronary artery disease in the athlete Prof Michael Papadakis (St George’s London UK)
1.55pm	Common and rare causes of a ‘heart attack’: risk identification strategies Prof Jason Kovacic
2.10pm	Everyone needs a polygenic risk score Prof Diane Fatkin
2.25pm	Everyone needs a defibrillator Dr John Orchard
2.40	Panel discussion/ questions
2.50pm	Afternoon tea
3.10	SESSION 4: Kick to kick – sports med and sports cardiol Chairs: Jess Orchard and Andre La Gerche
3.15pm	Exercise, will the dilated aorta go pop Prof Mark Haykowsky
3.30pm	Atrial fibrillation in sporting women A/Prof Adrian Elliott
3.45pm	Drugs in sport Dr Sue White
4.00pm	Ventricular arrhythmias in the athlete Dr Paolo D’Ambrosio
4.15pm	Swimming induced pulmonary oedema Dr Julie Collis
4.30pm	Questions
4.45pm	An elite athlete with arrhythmogenic cardiomyopathy Case discussion and live demonstration – Amy Mitchell, D Prior and M Haykowsky Expert comments: M Papadakis, J Ingles, J Kovacic, M Brosnan
5.30pm	Close

6.30pm Saturday Night Dinner ‘on the Lorne’

Sunday 9th March 2025

Time	Topic
7.55am	Introduction Jamie Vandenberg and David Lloyd
	SESSION 1: Cardiac Arrest – gaps and solutions Chairs: Jason Kovacic and Jessica Orchard
8.00am	Case study: Prof Sandra Eades
8.20am	Multi-disciplinary cardiac arrest care: The Copenhagen framework Prof Bo Gregers Winkel (Copenhagen, Denmark)
8.40am	SMURFLess – the changing face of coronary disease Prof Gemma Figtree
8.55am	The simple and complex genetics of unexplained cardiac death Prof Jodie Ingles
9.10am	Panel discussion/ Questions
	SESSION 2: Triggers for cardiac arrest Chairs: Gary Jennings and Maria Brosnan
9.30am	The Aus-ROC Epistry – aiming for excellent and uniform OHCA outcomes in Australia and New Zealand Prof Judith Finn
9.50am	Why do people arrest? SCD aetiologies and circumstances Dr Elizabeth Paratz
10.10am	Deciphering the exercise paradox Prof Michael Papadakis (St George's London UK)
10.30am	Questions
10.50am	Morning Tea
	SESSION 3: Focusing on heart attacks Chairs: Jodie Ingles and Laura Yeates
11.00am	A life changing evening Mr Bruce Carter
11.15am	Saving lives from the inside out – bystander to advanced resuscitation Prof Mark Dennis
11.30am	Using Artificial Intelligence to identify those at risk of a cardiac event Prof Martin Ugander

11.45am	The Heart Foundation – joining the battle against cardiac arrest David Lloyd
12.05pm	Panel discussion/ Questions
12.25pm	Buffet Lunch
	SESSION 4: Post-arrest care Chairs: Andre La Gerche, Jamie Vandenberg
1.20pm	How to deal with doubt – panel discussion Patients meet the experts: Patients: Emma Griffin – HCM and ICD Adam Deacon – HCM and psychiatrist Bruce Carter – Cardiac arrest survivor Experts: Laura Yeates, Jodie Ingles, Alun Jackson, Michael Papadakis
2.30pm	Close